

DISHLEY GRANGE MEDICAL PRACTICE

NEWSLETTER

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Maxwell Drive, Loughborough



Cross Street, Hathern

www.dishleygrangemedicalpractice.co.uk



Merry Christmas & A Happy New Year



To all of our patients from all of the staff at Dishley Grange Medical Practice!

PATIENT GROUP NEWS

We are delighted to advise that the Patient Group Health Walks initiative was awarded Runner Up in 'Charnwood Best Community Sport/Physical Activity Project of the Year Award'. Congratulations to the members of the Patient Group for their dedication and drive to make this scheme so successful and for all those people who have helped promote and extend the walking group



Staff Updates

A warm welcome...

To meet the changing needs of General Practice, the practice has undergone a management restructure and we are very pleased to welcome **Anna-Marie Baber** as the new Practice Manager at Dishley Grange Medical Practice, she brings with her a wealth of experience in General Practice as well as clinical environments. A very familiar face, **Karen Pearce** will move into a part time role as our Business and Finance Manager.

Also joining the team to assist with dispensing, prescribing and reception duties is **Diane Rockey**, who many of you may also recognise from the pharmacy at Maxwell Drive.

And a fond farewell...

As our team expands with the above new additions, we must also bid a fond farewell to two members of staff that will be missed by both staff and patients.

- **Dr Ruperelia** has recently left to undertake a new role at Loughborough University, I'm sure you will join us in wishing her the very best for the future in her new position.
- A long standing staff member who has recently taken a much deserved retirement, **Sue Thompson** leaves the team having undertaken a wide variety of roles across more than 30 years. We wish Sue a very peaceful retirement and thank her for the support and service she has provided over her many years with the practice.

Flu Reminder

A quick reminder for those that are eligible for a flu vaccination but have not yet attended, if you still wish to be vaccinated then please contact the surgery to arrange this, this includes nasal flu spray for children aged 2-4.



TEXT MESSAGE SERVICE

As many of you will be aware, we have recently introduced an SMS reminder service for appointments. This has proven to be an extremely successful and invaluable tool in reducing the number of missed appointments. However, the service has encountered some temporary issues which we are working on resolving and we appreciate your continued patience during this period.



Christmas & New Year Opening Times

CHRISTMAS OPENING TIMES

Thurs 25th December – **CLOSED**

Fri 26th December – **CLOSED**

Mon 29th – Wed 31st December - **NORMAL HOURS**

Thurs 1st January – **CLOSED**

Fri 2nd January – **NORMAL HOURS**

On 24th December and 31st December, the surgeries will close at **4pm**. You can access your GP by ringing the general surgery number and following the guidance.

LAST DAY FOR ORDERING PRESCRIPTIONS IN TIME FOR CHRISTMAS IS **19.12.14**



Patient Feedback

We value all patient feedback and rely on your thoughts and comments in order for us to continue to improve the services that we offer to you. In reception, on the front desk at both practices, we have placed a box entitled the “**NHS Friend and Family Test**” we would be grateful if you could complete the very short feedback questionnaire and place it in the box provided.

Alternatively, this can also be completed on our website:

www.dishleygrangemedicalpractice.co.uk

It can be located as shown on the right of the home page under the “**Have your say**” heading.

For more information on the NHS Friend and Family Test, please visit www.england.nhs.uk

Have your say



Patient Group



Friend & Family Test



Friend & Family Results



Trying to stop smoking?

“Thinking about stopping smoking? New Years resolution time is coming so why not find out more about how you can be supported through this important change.

I’m not going to tell you all about the health risks of smoking as I’m sure you have heard it all before and let’s face it when you’ve heard it once, you’ve heard it a thousand times. If you do make the decision to stop smoking there are many different ways and services available to help support you.

Some people like to go “cold turkey”, some people like pills, patches, or e-cigs. Whatever your preference, why not talk it through with our Stop Smoking Advisor **Barbara Morgan** here at the surgery. We run a clinic every other Thursday Afternoon which you can self-refer to. You don’t have to see a doctor first and Barbara will talk through your habits and your lifestyle to help you make a Stop Smoking plan that suits you. She can also prescribe nicotine replacement including pills, patches, gum etc all free of charge. The Co-op Pharmacy also have an advisor, if this is more convenient for you.



It had been proven that a combination of support and treatment gives you the best chance of stopping smoking. Other sources of information include www.nhs.uk website which includes information on Free Quit kits, iPhone apps and the use of e-cigs.

We hope you find this information useful and good luck in making you decision.”

Dr J Green

All of our newsletters are available to view on the practice website—www.dishleygrangemedicalpractice.co.uk