

DISHLEY GRANGE MEDICAL PRACTICE

NEWSLETTER

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Maxwell Drive, Loughborough



Cross Street, Hathern

www.dishleygrangemedicalpractice.co.uk

NEW COMPUTER SYSTEM

From **25th September 2012**, the surgery will be operating from a new computer system called EMIS Web. This system is designed to provide the practice with many time-saving features to help GPs to deliver the best possible patient care.

What does it mean for me?

Our current methods of 'book on the day' and 'book ahead' appointments will remain in place although the new system will allow us to manage these more efficiently. Patient Access (previously EMIS Access) will not be available from 20th September until we 'go live'. This will continue to operate in the same way once the upgrade is complete (*if you would like to register with this system to book appointments and order medication online, please enquire at reception*). Patient Access can also be accessed by visiting our practice website. Prescriptions can still be ordered in writing giving 2 working days notice as usual.

What do I need to do?

You do not need to do anything. We would however politely ask that you are patient with us during our transition period. This system is new to us all and we may experience a few teething problems while we become familiar with it. We would like to reassure you that the surgery will have additional IT support on site to enable us to resolve any issues quickly and efficiently so that your care is not impacted in any way. If you are due to collect your prescription during the week commencing 24th September it would be helpful to us if you could bring your order into the surgery **one week earlier** than usual so that any delays can be overcome and **your collection date is not affected**. If you have any concerns or queries around this change please speak to your GP, the Operational Manager or the Practice Manager.

Diabetic Retinal Screening

Clinics will be held at the surgery between 5th & 21st September. Please note that the surgery does not handle these appointments. When you receive your letter you will be asked to contact the screening office on the following number to arrange a suitable date and time

0116 258 3150

This number can also be used should you wish to discuss or change your appointment

Flu Clinic

Saturday 6th October 2012

09:00-12:00

If you are eligible to receive the flu vaccination, please contact us in **September** to arrange your appointment

Patient Group

IF WOULD YOU LIKE FURTHER INFORMATION ABOUT THE PATIENT GROUP OR ARE INTERESTED IN BECOMING A COMMITTEE MEMBER, PLEASE CONTACT:

Jerry Bullock [Secretary] on 01509 828424 - jerry.bullock1@ntlworld.com

Peter Boulby [Chair] on 01509 842836 - pboulby@btinternet.com

Meet the Staff

Claire Dawson
Practice Nurse



My first thought of a career pathway was to become a Teacher however after a short time of work experience I decided that teaching wasn't for me. I became interested in health and began working as a Support Worker which developed into a Nursing career, following my mother's footsteps. Since qualifying almost 8 years ago I have gained experience in NHS hospitals and the private sector. It is fantastic that I have been provided with the opportunity to work within primary care and with such a fabulous team. Working in the Medical Practice and also a Neurology unit enables me to use a large variety of Nursing skills which I hope to continue to develop and expand.

Outside of work I enjoy dancing and the arts. I am a pupil at Aimee Fardell School of Dance and have been enjoying Ballet, Tap and Modern Jazz since the age of 3, participating in many examinations and performances.

Decorating pretty party cakes for special occasions has recently become an interest of mine and I take pleasure in sharing home-made cakes with friends and family. My other 'not-so-girly' interests include motor sport, DIY and Interior Design.

Non-Emergency Patient Transport

From 1st July 2012 there has been a change in the service provider that takes you to and from your hospital appointments. You don't need to worry – the same service that you used will continue and will always be free for those patients that are in genuine need of it. Bookings are no longer made through the surgery. Patients can book their own non-emergency transport by calling **0845 266 9662** or by completing the online form at <https://pts.arriva.co.uk>
If you have any queries, please ask at reception

What Languages do the Doctors Speak?

Use this table to help you decide who to make your next appointment with
(please note we cannot guarantee that the Doctor of your choice will always be available when you require an appointment)

CHLAMYDIA TESTING

If you are 16-24 years of age the surgery can offer you a completely free and confidential Chlamydia testing service

Just leave your sample and form at reception and your results will be sent directly to you in the format you select (ie text/email/telephone)

If you would like a free testing kit, please ask the nurse, the receptionist or take one from the toilet facilities on site. You can also request a kit online by visiting:

www.fillthepot.info

	Arabic	Bengali	English	French	Gujarati	Hindi	Punjabi	Swahili	Urdu	Welsh
Dr Saund	✓		✓	✓	✓	✓	✓	✓	✓	
Dr Williams			✓							✓
Dr Hall			✓	✓						
Dr Akhtar		✓	✓							
Dr Gupta			✓			✓				
Dr Wolstenholme			✓							



Preparing For Pregnancy

If you are planning to start a family you must, of course, cease contraception. If you are taking the pill you should change to a barrier method for a period of at least three months. This is to allow for the normal hormone levels and egg production cycle to re-establish itself.

If you smoke, both you and your partner should stop. A woman who smokes during pregnancy stands a 30% greater risk of miscarrying or losing the baby at birth due to a variety of complications.

You should also ensure that your alcohol consumption is kept to an absolute minimum if you are unable to abstain totally.

Both partners should give attention to their diet with particular regard to choosing fresh unrefined foods. Ask your doctor to check if you are immune from rubella (German measles). If not, he will arrange immunisation. In such a case you should continue with a barrier method of birth control for a period of at least three months whilst the vaccine takes effect

PROBLEMS IN CONCEIVING

One in ten couples experiences some degree of difficulty in conceiving. This difficulty may equally be caused by a problem concerning either partner. The causes of infertility are wide and varied but most can be helped with treatment. Good pre-conceptual care will lessen the need for such treatment. If you wish to discuss any family planning concerns you have, please make an appointment to see your GP